Human health risks of faecal pollution from different sources: A review of the literature



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PREPARED BY: Megan Devane and Brent Gilpin

REVIEWED BY: Elaine Moriarty

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Author

Megan Devane

Senior Scientist

Author

Brent Gilpin

Science Leader

Manager Peer reviewer

Wim Nijhof

Group Manager

Elaine Moriarty

Senior Scientist

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SOLLER ET AL. (2010)

ABBREVIATIONS

CFU Colony forming unit

EHEC Enterohaemorraghic Escherichia coli

EPEC Enteropathogenic E. coli

ESBL Extended-spectrum beta-lactamase

ESC Cephalosporinase *E. coli*FIB Faecal indicator bacteria

GC Gene copies

MPN Most probable number

PCR Polymerase Chain Reaction

PFU Plaque forming unit

RT-PCR Reverse-transcriptase Polymerase Chain Reaction

STEC Shiga-toxin-producing *E. coli*

Stx1 Shiga toxin 1 gene
Stx2 Shiga toxin 2 gene

EXECUTIVE SUMMARY

Faecal pollution of surface water can come from a number of sources including raw human sewage, treated sewage, farm animals such as cows and sheep, domestic animals, wildfowl and many other sources. The aim of this project was to explore the evidence available in the literature as to how contact with surface water contaminated with these sources of pollution may affect human health risk (e.g. during swimming or secondary contact activities, such as boating). In particular, the goal was to assess whether non-human sources (e.g. wildfowl) could affect human health, given that previous research has shown high levels of non-human pathogen sources in Christchurch waterways (Moriarty & Gilpin 2015). The first approach taken in this project was to explore the presence and levels of indicator bacteria (such as *Escherichia coli* and enterococci) and pathogens in a range of animal faeces relevant to the New Zealand environment. We then evaluated published Quantitative Microbial Risk Assessments (QMRA) of the risk to human health of water contaminated with faeces from different sources.

All animal and wildfowl faeces are potential human health risks. Many studies of pathogens in animal faeces have been presence/absence based, and have used methods that detect all species or subtypes of a particular genus or species without differentiating between the pathogenic and non-pathogenic types. Future studies will increasingly make greater use of molecular techniques to identify pathogenicity which will build a clearer picture of the risk to human health of microorganisms from different species. In addition differences in methodology, regional differences, and the small number of samples analysed in many studies, limits the robustness of comparisons between sources. With these caveats in mind, we make the following observations:

- Campylobacter have been identifed in human, sheep, cattle, dairy cow, dog, cat, black swan, duck, canada geese, and gull faeces.
- Cryptosporidium have been identifed in human, sheep, cattle, dairy cow, dog, cat, goats, duck and geese faeces.
- Giardia have been identifed in human, sheep, cattle, dairy cow, dog, cat, goat, duck and geese faeces.
- Salmonella have been identifed in human, sheep, cattle, dairy cow, dog, cat, duck, pigeon and geese faeces.
- Pathogenic Escherichia coli have been identifed in human, sheep, cattle, dairy cow, dog, cat, pigeon and geese faeces.

Viruses of importance to human health are only found in human faeces.

There is a requirement for on-going monitoring of faecal sources for the emergence of new pathogens or changes in virulence or prevalence of existing pathogens, which will impact human health risk.

Published Quantitative Microbial Risk Assessment (QMRA) studies suggest that human faeces has the greatest health risk, including when it is only a minor component of faecal pollution in water. Keeping human faeces out of recreational and drinking water must remain a priority. Treated human sewage needs to be evaluated on the basis of individual treatment processes to assess the pathogen inactivation rates and likely impacts on the ratio of indicator to pathogen.

All animal and wildfowl faeces are potential human health risks, particularly to children and immunocompromised individuals. Amongst the animals characterised by risk modelling in international studies, cattle/dairy cow sources appear to have the highest risk, which is driven by the presence of *Campylobacter*, pathogenic *E. coli* and *Cryptosporidium*. The health risk associated with poultry appears to be mainly driven by *Campylobacter*, making poultry of lower risk than human and cattle/dairy cow source, but higher risk than wildfowl. Notable in these QMRA studies, is the absence of information on health risks from sheep and lambs which represent a significant portion of the faecal contamination observed in rural NZ rivers and streams. The QMRA studies have also only be undertaken using gull faeces as a wildfowl source.

A key conclusion from these QMRA studies is that in water containing the same level of faecal indicator from different sources, there is potentially a lower risk of human illness when the water is impacted by chicken, gull and pig faecal material, than human or cattle faeces. Further extrapolation of this work suggests that if the indicator organisms in water are **entirely** from chicken, pig or gull sources, acceptable levels of indicator organisms could be three to 50 times higher than if from a human source.

1. INTRODUCTION

Faecal pollution of water can come from a number of sources including raw human sewage, treated sewage, farm animals such as cows and sheep, wildfowl and many other sources. The aim of this report was to review the published literature on levels of indicators and pathogens in a range of sources potentially polluting water in New Zealand.

The scope of this review was restricted to the following sources:

- human sewage (Raw and Treated);
- sheep and cows;
- dogs and cats;
- wildfowl.

During the course of reviewing the literature, information regarding goat faeces was also found and is included. In each of these sources we wanted to identify the presence and levels in faeces of faecal indicator bacteria (*E. coli* and enterococci), and pathogens (*Campylobacter*, *Salmonella*, STEC, Viruses, *Cryptosporidum* and *Giardia*). There was an emphasis on those pathogens known for their zoonotic potential. The European Academies Science Advisory council (EASAC) defines zoonoses as an infection that is naturally transmissible, directly or indirectly, between vertebrate animals and humans. Some zoonoses cause disease in the animal and human, while others are commensal in the animal host.

Between 5 May and 25 June, 2015 we carried out a literature search using Science direct and University of Canterbury database using the following search terms:

- Cryptosporidium
- Giardia
- Beef cattle
- Dairy
- Sheep
- Lambs
- Cats
- Dogs
- Wildfowl
- Avian
- Birds
- Pets

- Companion animals
- Faecal indicator bacteria
- Escherichia coli
- STEC/VTEC
- Enterococci
- Viruses, enterovirus
- Zoonotic/zoonoses
- Toxoplasmosis
- Human wastewater
- Treated wastewater
- New Zealand

We reviewed online abstracts for over 300 papers, and retrieved and reviewed full papers from approximately 100 papers.

2. ANIMAL FAECES

This section describes the results of literature searches for the presence and levels of indicator bacteria and pathogens in a range of sources.

2.1 AVERAGE DAILY FAECAL OUTPUTS

To enable calculation of the daily output of any microorganism from a particular source requires an estimate of the daily output of faecal material from that source. These varied from between 24.8 kg per day for dairy cows down to 0.05 kg per day for seagulls (TABLE 1). Estimates of daily faecal load were not found for cats or pigs.

TABLE 1: Published daily faecal outputs from a range of animals

Microorganism	Prevalence	References
Dairy Cow	24.8 kg day ⁻¹	Muirhead et al. (2011)
Dairy calf	1.65 kg day ⁻¹	Atwill et al. (2012)
Beef cattle	14.4 kg day ⁻¹	
Sheep	1.5 kg day ⁻¹	Moriarty et al. (2011a)
Large dog	52 g dw day ⁻¹	Wright et al. (2009)
Small dog	7.6 g dw day ⁻¹	
Gull	0.05 kg day ⁻¹	
Canada geese	0.250 kg day ⁻¹	

2.2 BOVINE SOURCES - DAIRY COWS AND BEEF CATTLE

Quantitative data in dairy cow faeces is primarily based on New Zealand studies, with *Campylobacter* frequently detected at high levels, while *Salmonella* were not detected in either of the NZ studies undertaken (TABLE 2). A number of other studies reported the presence/absence of a range of pathogens (TABLE 3).

TABLE 2: Quantitative data on levels of indicators and pathogens in dairy cow and beef cattle faeces

Microorganism	Mean CFU/MPN /(oo)cysts g ⁻¹	Prevalence %	Study size (No. of animals)?	Daily Output/cow	Country	References
E. coli	8.20E+04	99.5	155	2.01E+09	NZ	Moriarty et al.
Enterococci	4.50E+02	93.3	155	1.04E+07		(2008)
Campylobacter	4.30E+02	63.9	155	6.81E+06		
Salmonella	0.00E+00	0		-		
Campylobacter (thermophilic)	1.3E+02	9	120	2.90E+05	Denmark	Nielsen (2002)
includes <i>C. jejuni</i> and <i>C. coli</i>	6.1E+02	89.4	360	7.85E+06	UK	Stanley et al. (1998)
STEC E. coli	1.0E+05 to 1.0E+08	15.9	605	2.3E+08 to 2.3E+11	Japan	Fukushima and Seki (2004)
Cryptosporidium parvum	3.38E+00	0.71		5.95E+04	USA	Atwill et al. (2003)

Mean CFU/MPN /(oo)cysts g⁻¹ – Mean CFU (colony forming units), MPN (Most probable number) or oocysts (in case of protozoa).

TABLE 3: Prevalence data for indicators and pathogens in dairy cow faeces

Microorganism	Prevalence %	Study size (No of animals)?	Country	References
Campylobacter spp.	36	161	NZ	Grinberg et al. (2005)
C. jejuni	6.8	161		
Campylobacter spp.	40	pooled n = 496	UK	Brown et al. (2004)
C. jejuni	31	311	USA	Bae et al. (2005)
C. coli	6			
Salmonella enterica	9.6	960	USA	Callaway et al. (2005)
Salmonella enterica	56	16 herds		
STEC E. coli	1.3	155	NZ	Moriarty et al. (2008)
STEC E. coli	stx1 4	72	NZ	Cookson et al. (2006a)
	stx2 6			
	eae 7			
STEC E. coli	100 in all farms	Per Farm Organic (n = 60)	Switzerland	Kuhnert et al. (2005)
E. coli O157	25 organic 17 conventional	and Conventional farms (n =60)		
STEC-	58	500 cows		
E. coli 0157-	4.6			
non E .coli O157 STECs	20.7	82 herds	Spain	Oporto et al. 2008
E. coli O157 :H7	7	82 herds		
STEC E. coli	stx1 30-47 stx2 30-53 eae 64-76	Approx. 9000 faecal samples	USA	Lambertini et al., (2015
Cryptosporidium spp.	5.2	155	NZ	Moriarty et al. 2008
Cryptosporidium spp.	7.3	288	Ireland	Moriarty et al. 2005
C. parvum	0.6	354	NZ	Learmonth et al. 2003

TABLE 4: Presence/Absence data indicators and pathogens in beef cattle faeces

Microorganism	Prevalence %	Study size	Country	References
E. coli O157 :H7	6.70	30	Spain	Oporto et al. 2008
E. coli O157 :H8	1.60	124 herds	Spain	Oporto et al. 2008
Shiga toxin <i>E. coli</i> (STEC) non <i>E .coli</i> O157	46	124 herds	Spain	Oporto et al. 2008
Salmonella	6.20	130	Italy	European Food
Salmonella	5.40	707	Italy	Safety Agency, 2010
Salmonella	0.3- 1.3	199-386 animal per year over 12 years	Slovenia	
Cryptosporidium parvum	8.4	379	Spain	Castro-Hermida et al. 2007
Giardia duodenalis (Assemblage A)	7.30	110	Germany	Gillhuber et al. 2013
Giardia enteris (zoonotic)	0			
Giardia duodenalis	26.6	379	Spain	Castro-Hermida et al. 2007

Younger animals have been found to have higher levels of *Cryptosporidium* and higher prevalence of both and *Cryptosporidium* and *Giardia* (TABLE 5).

TABLE 5: Indicators and pathogens in calf faeces

Microorganism	Mean CFU/MPN /(oo)cysts g ⁻¹	Prevalence %	Study size	Daily Output/ calf	Country	References
Campylobacter (thermophilic)	≤4 months old 2.5E+04	42	107	1.73E+06	Denmark	Nielsen (2002)
includes <i>C. jejuni and C. coli</i>	>4 months old 7.90E+02	20	105	1.36E+06		
C. jejuni C. coli		24 20	105		USA	Bae et al. (2005)
Salmonella	0.00E+00	0	156	0	NZ	Grinberg et al. 2005
E. coli O157:H7		23-26	52		Canada	(Gannon et al., 2002)
STEC <i>E. coli</i> and enteropathogenic E. coli (EPEC)(eae gene)		stx1 2 stx2 19 eae 44	91		NZ	Cookson et al. (2006a)
STEC <i>E. coli</i> and E. coli (EPEC)(<i>eae</i> gene)		STEC 2.6 Atypical EPEC 12.3	299		NZ	Irshad et al. (2014)
E. coli O157		17.7 and 23.8 farms	309 calves, Farms n=197		NZ	Irshad et al., (2012)
C. parvum	3.00E+06	10-80		1.50E+10		Atwill et al. (2012)
C. parvum		10.9	304		NZ	Learmonth et al. (2003)
C. parvum		21.2	156		NZ	Grinberg et al. (2005)
Giardia		4.5		1.00E+03	NZ	Moriarty et al. (2008)

2.4 SHEEP AND LAMB FAECES

A number of studies have been completed on indicators and pathogens in sheep and lamb faeces (TABLES 6-9).

TABLE 6: Quantitative data on levels of indicators and pathogens in sheep faeces

Microorganism	Mean CFU/MPN /(oo)cysts g ⁻¹	Prevalence %	Study size	Daily Output/ sheep	Country	References
E. coli	1.67E+07	100	220	2.51E+10	NZ	Moriarty et al.
Enterococci	6.80E+05	100	220	1.02E+09		(2011a)
Enterococci	1.20E+04	100	7	1.80E+07	NZ	Anderson et al. (1997)
Campylobacter	2.08E+03	30.4	220	9.48E+05	NZ	Moriarty et al. (2011a)
E. coli O157	Range <100- 1.0E+06	6.5	15 farms ~50 sheep/farm	9.8E+03 to 9.8E+07	Scotland	Ogden et al. (2005)
C. parvum	5.30E+01	5.3	446	4.21E+03	Spain	Castro-Hermida et al.
Giardia duodenalis	3.24E+02	19.2	446	9.33E+04		(2007)

TABLE 7: Prevalence data indicators and pathogens in sheep faeces

Microorganism	Prevalence %	Study size	Country	References
C. jejuni	25	24	UK	Brown et al. (2004)
C. coli	21	24		
Cryptosporidium spp.	3.6	220	NZ	Moriarty et al. (2011a)
Cryptosporidium spp.	9.4 - 25.0	32	USA	Santin et al. (2007)
C. parvum	3.1	32		
Cryptosporidium spp.	26	500	Australia	Ryan et al (2005)
C. parvum	0			
C. hominis	0.02			
Giardia Assemblage A*	11	500	Australia	Ryan et al (2005)
Giardia	18.8-37.5	32	USA	Santin et al. (2007)
E. coli O157:H7	7.3	278	Spain	Oporto et al. (2008)
		individuals		
E. coli O157:H7	8.7	122 herds		
Shiga toxin <i>E. coli</i>	50.8	122 herds		
(STEC) but non E. coli				
O157:H7				
STEC E. coli	stx1 56	50	NZ	Cookson et al. (2006a)
	stx2 18			
	eae 22			
Shiga toxin <i>E. coli</i>	1	220	NZ	Moriarty et al. (2011a)
(STEC)				
Salmonella	0	220		

^{*}Human infective form of G. duodenalis

TABLE 8: Quantitative data on levels of indicators and pathogens in lamb faeces

Microorganism	Mean	Prevalence	Study	Daily	Country	References
	CFU/MPN	%	size	Output/		
	/(oo)cysts g ⁻¹			lamb		
E. coli	6.04E+08	100	105	4.53E+11	NZ	Moriarty et al.
Enterococci	1.44E+07	100	105	1.08E+10		(2011a)
Campylobacter	3.33E+05	80.9		2.02E+08		
Cryptosporidium	6.83E+03	0.9	137	4.61E+06	Belgium	Geurden et al.,
spp.						(2008)
Cryptosporidium -	8.90E+03	28.6	105	1.91E+06	NZ	Moriarty et al.
cervine genotype						(2011a)
Giardia spp.	2.80E+01	37.1	105	7.79E+03		
Giardia	3.60E+04	4.8	3142	1.31E+06	Australia	Yang et al. (2014)
Giardia spp.	4.58E+03	25.5	137	5.84E+05	Belgium	Geurden et al.,
						(2008)

TABLE 9: Presence/Absence data indicators and pathogens in lamb faeces

Microorganism	Prevalence %	Study size	Country	References
C. parvum	13	477	Australia	Yang et al. (2009)
Cryptosporidium spp.	33-77	31	USA	Santin et al. (2007)
C. parvum	3.2	31	1	
Giardia spp.	11.6	477	Australia	Yang et al. (2009)
Giardia Assemblage A	1.1	477	1	
Giardia	6.5-12.9	31	USA	Santin et al. (2007)
STEC E. coli	stx1 48 stx2 9 eae 13	46	NZ	Cookson et al. (2006a)
non <i>E .coli</i> O157 STEC	3.8	105	NZ	Moriarty et al. (2011a)
Salmonella	1.9	105]	

2.5 GOAT FAECES

While we found data from Spain and Belgium on the levels of *Giardia* and *Cryptosporidium* in goat faeces (TABLE 10), we saw no data on levels of faecal indicator bacteria and bacterial pathogens from this source.

TABLE 10: Quantitative data on levels of pathogens in goat faeces

Microorganism	Mean	Prevalence	Study	Daily	Country	References
	CFU/MPN	%	size	Output/		
	/(oo)cysts g ⁻¹			goat		
C. parvum	1.84E+02	7.7	116	2.13E+04	Spain	Castro-Hermida
						et al. (2007)
Cryptosporidium	2.30E+05	9.5	148	3.28E+07	Belgium	Geurden et al.,
spp.						(2008)
Giardia	1.13E+02	19.8	116	3.36E+04	Spain	Castro-Hermida
duodenalis						et al. (2007)
Giardia spp.	1.80E+04	35.8	148	9.67E+06	Belgium	Geurden et al.,
						(2008)

2.6 DOG FAECES

We were unable to find any data on *E. coli* levels in dog faeces. While there were some information on enterococci in dog faeces, the results are based on a total of 10 animals (TABLE 11), so again are limited. There are much more data on the presence or absence of pathogens in dog faeces, with a range of pathogenic *E. coli*, *Campylobacter*, *Cryptosporidium*, *Giardia*, *Clostridium* and *Salmonella* all reported in dog faeces (TABLE 12).

TABLE 11: Quantitative data on levels of Enterococci in dog faeces

Microorganism	Mean	Prevalence	Study size	Daily	Country	References
	CFU/MPN	%		Output/		
	/(oo)cysts g ⁻¹			dog		
Enterococci	6.40E+07	100	6 medium-	3.30E+09	USA	Wright et al.
			large dogs			(2009)
Enterococci	5.90E+06	100	3 small	4.50E+06		
			dogs			
Enterococci	2.30E+04	100	1	1.20E+06	NZ	Anderson et al.
						(1997)

TABLE 12: Presence/absence data on pathogens in dog faeces

Microorganism	Prevalence %	Study size	Country	References	
Pathogenic <i>E. coli</i>	83	52	USA	Holland et al. (1999)	
Pathogenic <i>E. coli</i> (eae)	7.3	153	Germany	Krause et al. (2005)	
ESC*E. coli	3	102	Canada	Lefebvre et al.	
ESBL** E. coli	1	102	Callaua	(2006)	
ESBL E. coli	14	100	Germany	Schaufler et al. (2015)	
C. jejuni	7			Baker et al.	
C. coli	2	289	Australia	(1999)	
C. upsaliensis	34			` '	
C. jejuni	11	4	Denmark	Damborg et al. (2004)	
C. jejuni	7				
C. coli	0	70 h solthy, do so			
C. lari	0	70 healthy dogs			
C. upsaliensis	43		Canada	Chaban et al.	
C. jejuni	46		Canada	(2010)	
C. coli	25	65 diarrhoeic			
C. lari	9	dogs			
C. upsaliensis	85				
Campylobacter	0	102	Canada	Lefebvre et al. (2006)	
C. jejuni	1	249	UK	Parsons et al.	
C. upsaliensis	37	249	UK	(2010)	

Microorganism	Prevalence %	Study size	Country	References
Staphylococcus aureus (methicillin-resistant)	0	102	Canada	Lefebvre et al. (2006)
Salmonella (healthy dogs)	Range 0-3.5			Marks et al.,
Salmonella (diarrhoeic dogs)	Range 0-3.6	N/A	USA	(2011)
Salmonella	3	102		Lefebvre et al.
Vancomycin-resistant enterococci	0	102	Canada	(2006)
Giardia	15.2	Estimate of 4.3 million dogs	UK	Bouzid et al. (2015)
Giardia	4	129	USA	Wang et al. (2012)
Giardia	2.6	77	Japan	Yoshiuchi et al. (2010)
Giardia duodenalis	Pet store 39	69		Uehlinger et al.
Giardia duodenalis	Vet clinic 38	78	Canada	(2013)
Giardia duodenalis	Shelter 6	62		
Cryptosporidium	2	129	USA	Wang et al. (2012)
Cryptosporidium	3.9	77	Japan	Yoshiuchi et al. (2010)
Cryptosporidium	Pet store 10	78	Canada	Uehlinger et al.,
Cryptosporidium	Vet clinic 8	62	Callaua	(2013)
Clostridium perfringens	34	95	USA	Minamoto et al.
Enterotoxigenic <i>E. coli</i>	48	104	USA	(2014)
Clostridium perfringens	84 healthy	105	Canada	Goldstein et al.
Clostridium perfringens	91 diarrhoeic	54	Carraua	(2012)
Clostridium difficile	Range 10-21	N/A	USA	Marks et al. (2011)
Clostridium difficile	8	102	Canada	Lefebvre et al. (2006)

^{*}ESC = Cephalosporinase *E. coli*

^{**}ESBL = Extended-spectrum beta-lactamase

2.7 CAT FAECES

We were unable to find any data on *E. coli* or enterococci levels in cat faeces. There are some data on pathogens found in cat faeces, with a range of pathogenic *E. coli*, *Campylobacter*, *Cryptosporidium*, *Giardia*, *Clostridium*, *Salmonella* and *Toxoplasma gondii* all reported in cat faeces (TABLE 13 and TABLE 14). We could not find an estimate of daily faecal outputs per cat.

TABLE 13: Quantitative data on levels of pathogens in cat faeces

Microorganism	Mean CFU/MPN /(oo)cysts g ⁻¹	Prevalence %	Study size	Daily Output	Country	References
Giardia	2.00E+04	10.1	345	N/A	Australia	Yang et al.
Cryptosporidium	3.50E+03	10		N/A		(2015)

TABLE 14: Presence/absence data on pathogens in cat faeces

Microorganism	Prevalence %	Study size	Country	References
C. jejuni	4	195	Australia	Baker et al., (1999)
C. coli	0			
C. upsaliensis	11			
C. jejuni	33	4	Denmark	Damborg et al. (2004)
Pathogenic <i>E. coli</i>	6.5	62	Germany	Krause et al. (2005)
Clostridium perfringens	> 80 healthy & diarrhoeic	N/A	USA	Marks et al., (2011),
Salmonella	Range 0-8.6	N/A		
Giardia	12	Estimate of 250, 000	UK	Bouzid et al. (2015)
Giardia	44	18	USA	Fayer et al. (2006)
Giardia	2	55		Yoshiuchi et al. (2010)
Cryptosporidium	12	250	USA	Ballweber et al. (2009)
Cryptosporidium	100	18	USA	Fayer et al. (2006)
Cryptosporidium	13	55	Japan	Yoshiuchi et al. (2010)
Toxoplasma gondii	0.4	252	Switzerland	Berger-Schoch et al. (2011)
Toxoplasma gondii	30	123	USA	Dabritz et al. (2007)
Toxoplasma gondii	1	326	USA	Dabritz (2006)
Toxoplasma gondii	0	63	NZ	Langham and Charleston, (1990).

2.8 WILDFOWL FAECES

The faeces of a range of wildfowl have been examined for indicators and pathogens including black swans (TABLE 15), ducks (TABLE 16), Canada geese (TABLE 17), seagulls (TABLE 17), pigeons (TABLE 19), and some unspecified wildfowl (TABLE 20).

TABLE 15: Quantitative data on levels of indicators and pathogens in black swan faeces

Microorganism	Mean CFU/MPN /(oo)cysts g ⁻¹	Prevalence %	Study size	Daily Output/ swan	Country	References
E. coli	1.91E+06	94	80	7.50E+08	NZ	Moriarty et al.
Enterococci	1.10E+06	79		3.63E+08		(2011b)
Campylobacter	2.04E+02	45		3.84E+04		

TABLE 16: Quantitative data on levels of indicators and pathogens in duck faeces

Microorganism	Mean CFU/MPN /(oo)cysts g ⁻¹	Prevalence %	Study size	Daily Output/ duck	Country	References
E. coli	9.40E+07	95	80	3.00E+10	NZ	Moriarty et al. (2011b)
E. coli		89	82		USA	Fallacara et al. (2001)
E. coli	1.00E+06		1 composite of 4 duck faeces	3.36E+08	NZ	Murphy et al. (2005)
E. coli	1.40E+07		16	4.70E+09	USA	Haack et al. (2003)
Faecal coliforms	3.30E+07		Not	1.11E+10	England	Gould and
Faecal streptococci	5.40E+07		specified	1.81E+10		Fletcher (1978)
Enterococci	1.01E+08	100	80	3.39E+10	NZ	Moriarty et al. (2011b)
Enterococci	5.00E+07		13	1.68E+10	USA	Haack et al. (2003)
Enterococci	3.40E+05		2	1.14E+08	NZ	Anderson et al. (1997)
Campylobacter	5.92E+01	29	80	5.77E+03	NZ	Moriarty et al. (2011b)
C. jejuni		40	82		USA	Fallacara et al.
Salmonella		1				(2001)
Cryptosporidium	4.80E+01	49	69	7.90E+03	USA	Kuhn et al.
Giardia	4.36E+02	28		4.10E+04		(2002)

TABLE 17: Quantitative data on levels of indicators and pathogens in canada geese faeces

Microorganism	Mean CFU/MPN /(oo)cysts g ⁻¹	Prevalence %	Study size	Daily Output/ bird	Country	References
E. coli	3.62E+04	95	80	8.60E+06	NZ	Moriarty et al. (2011b)
E. coli		63	357		USA	Fallacara et al. (2001)
E. coli	3.60E+05		63	6.71E+07	USA	Middleton and Ambrose (2005)
E. coli	4.20E+03		16		USA	Haack et al.
Enterococci	5.00E+02		13			(2003)
Enterococci	2.51E+04		80	6.15E+08	NZ	Moriarty et al. (2011b)
Enterococci	7.30E+05		63	1.83E+08	USA	Middleton and Ambrose (2005)
Campylobacter	4.84E+03	40	80	4.84E+05	NZ	Moriarty et al. (2011b)
C. jejuni		5 and 16 over two years	318		USA	Rutledge et al. (2013)
C. jejuni		52	357		USA	Fallacara et al.
Salmonella		0				(2001)
Cryptosporidium spp.		5	80		NZ	Moriarty et al (2011b)
Cryptosporidium spp.		82 and 90	11 and 10 sites			Kassa et al. (2004)
Cryptosporidium spp.		23	209		USA	Zhou et al. (2004)
C. parvum		2				
C. hominis		1				
Cryptosporidium Spp. (infectious C. parvum identified)	3.7E+02	78% of sites	9 sites		USA	Graczyk et al. (1998)
Giardia spp.	4.1E+02	100% of sites				

TABLE 18: Presence/Absence and quantitative data on levels of indicators and pathogens in seagull faeces

Microorganism	Mean CFU/MPN /(oo)cysts g ⁻¹	Prevalence %	Study size	Daily Output	Country	References
E. coli	1.87E+07		80	8.98E+08	NZ	Moriarty et al. (2011b)
E. coli	1.00E+07		Not	5.00E+08	USA	Fogarty et al.
Enterococci	1.00E+06		specified	5.00E+07		(2003)
Enterococci	4.20E+03		2	2.10E+05	NZ	Anderson et al., (1997)
Enterococci	8.96E+06	99	80	4.44E+08	NZ	Moriarty et al.
Campylobacter	7.66E+02	59		2.26E+04		(2011b)
C. lari		2	205		Northern	Moore et al.,
Urease-positive thermophilic <i>Campylobacter</i>		10	205		Ireland	(2002)
C. jejuni		1	205			
Cryptosporidium spp.		0	205			

TABLE 19: Presence/Absence data indicators and pathogens in pigeon faeces

Microorganism	Prevalence %	Study size	Country	References
Salmonella enterica	3	277	USA	Pedersen et al. (2006)
Shiga toxin <i>E. coli</i> (STEC)	0	466		
Shiga toxin <i>E. coli</i> (STEC) virulence genes	8	466		

TABLE 20: Data on levels and prevalence of indicators and pathogens in unspecified wildfowl faeces

Microorganism	Mean CFU/MPN /(oo)cysts g ⁻¹	Prevalence %	Study size	Daily Output	Country	References
Enterococci	2.00E+04		26		USA	Wright et al. (2009)
C. jejuni		26	180		UK	Brown et al. (2004)
Campylobacter spp.		50	449		USA	Fallacara et al. (2001)

3. HUMAN SEWAGE

There are many studies of pathogens in both influent (raw sewage) and effluent (treated sewage) and only a sample of results from such studies are provided in this report in TABLE 21 and TABLE 22. Additional examples of concentration and prevalence are presented in TABLE 23, which looks at comparative studies between raw and treated sewage to assess removal rates of indicators and pathogens. We believe that there is additional unpublished data in New Zealand generated by district councils, regional councils and thesis dissertations, which future work should attempt to obtain.

3.1 STUDIES THAT DIRECTLY COMPARED REDUCTION VALUES FOR RAW AND TREATED WASTEWATER

Estimating the prevalence and abundance of pathogens in human sewage is complex and dependent on whether the sewage is raw or treated effluent and also the type of effluent treatment undertaken before discharge into the environment (Soller et al., 2010). TABLE 23 provides examples of the effect of treatment on various indicators and pathogens by presenting the log₁₀ reduction in concentration of these microbes as they pass through the treatment process. In the study of Kitajima et al. (2014) the prevalence of viruses decreased with Log₁₀ reductions (<Log₁₀ 2.9). In addition, the potentially pathogenic viruses were still prevalent (range 25 to 92%) in effluent samples. Decrease in FIB levels ranged from removal rates of Log₁₀ 3.15 to 3.98 in a Canadian study by Shannon et al. (2007). A Swedish treatment site trialled three different types of treatment for removal of microbes from wastewater: T1) tertiary filtration, T2) membrane bioreactor (MBR), and T3) upflow anaerobic sludge blankets (UASB) (Ottoson et al., 2006). Treatment 2, the MBR, showed the highest log removal of indicators and viruses while Treatment 3, the USAB, showed the lowest removal rates for these organisms. The T2, MBR, produced an almost Log₁₀ 5.0 removal of E. coli and similar for enterococci. The removal rates for viruses were much lower, at less than Log₁₀ 2.0 removal even in the MBR system and viruses were still detected in effluent streams, ranging from 18 to 80% prevalence. Pathogenic protozoa showed the most effective removal rates for pathogens in the study with no Giardia or Cryptosporidium detected in the effluent from Treatments 2 and 3, even though Giardia was detected at 100% prevalence in influent.

As is evident from the removal rates outlined in TABLE 23, secondary treated effluent has the potential for a higher risk of illness than raw sewage due to the higher removal of indicator organisms during treatment compared with the greater resistance of pathogens such as viruses and protozoa. Therefore, the concentration of microbial indicators may be

within water quality guidelines but there is still the potential for infection by pathogens when treated wastewater is identified as the source of contamination (MfE and MoH 2003).

TABLE 21: Quantitative data on levels of indicators and pathogens in untreated human sewage

Microorganism	Mean CFU/MPN/PFU 100 mL ⁻¹ virus/(oo)cyst L ⁻¹	Range CFU/MPN/PFU 100 mL ⁻¹ (oo)cyst L ⁻¹	Pre- Valence %	Study size	Country	References
E. coli	1.00E+08		100	13	Honolulu	Yang et al. (2014)
E. coli	3.60E+06			1	Spain	Marín et al.
Salmonella spp	0.00E+00			1		(2015)
Cryptosporidium spp.	0.00E+00			1		
Faecal coliforms (Baseflow)	1.70E+07		100	252	UK	Kay et al. (2008)
Faecal coliforms (Highflow)	2.80E+06		100	279		
Enterococci	5.00E+06	1.0E+06- 1.0E+07	100		NZ	Anderson et al. (1997)
F-specific coliphage	1.58E+05		100		Japan	Haramoto et al. (2015)
Enteropathogenic <i>E. coli</i> (EPEC) eae:	3.99E+02		100	13	Honolulu	Yang et al. (2014)
Enterohemorraghic <i>E.</i> coli (EHEC) stx ₁ :	1.5E+00		15.40			
E. coli (EHEC) stx ₂ :	2.1E+00		23.1			
*ESBL Enterobacteriaceae	2.40E+08	1.9-2.9E+08	100	21	Poland	Korzeniewska and Harnisz (2013)
Cryptosporidium spp.	8.7E+01	7.4E+01 – 1.0E+02	92	24	USA	Kitajima et al. (2014a)
Giardia spp.	5.60E+03	4.8 E+03 – 6.4 E+03	100 G. intestinalis** 17 Plant A; 67 Plant B			
Cyclospora spp.	1.20E+04 copies		25			
Human adenovirus	5.01E+05		100	10	Japan	Haramoto et al.
Norovirus Genogroup I:	1.45E+05		90			(2015)
Norovirus Genogroup II:	7.94E+06		60			

^{*}ESBL = Extended spectrum beta-lactamase

TABLE 22: Quantitative data on levels of indicators and pathogens in treated sewage

Treatment type	Microorganism	Mean CFU/PFU/MPN 100 mL ⁻¹ (00)cyst L ⁻¹ virus GC L ⁻¹	Prevalence %	Study size	Country	References
Final effluent	E. coli	1.70E+04		1	Spain	Marín et al. (2015)
Primary settled sewage	Faecal coliforms	1.80E+07	100	60	UK	Kay et al. (2008)
Settled septic tank	Faecal coliforms	7.20E+06	100	42		
Trickling filter	Faecal coliforms	4.30E+05	100	477		
Tricking/sand filter	Faecal coliforms	2.10E+05	100	11		
Activated sludge	Faecal coliforms	2.80E+05	100	261		
oxidation ditch	Faecal coliforms	2.00E+05	100	35		
UV disinfection	Faecal coliforms	2.80E+02	100	108		
Reedbed /grass plot	Faecal coliforms	1.30E+04	100	71		
Treated wastewater	E. coli	1.84E+02	75	24	USA	Kitajima et al. (2014b)
oxidation pond effluent	Enterococci	1.00E+03			NZ	Anderson et al. (1997)
Treated wastewater	F-specific coliphage	3.2E+02		10	Japan	Haramoto et al. (2015)
effluent (clarifiers)	E. coli O157	-	7	44	France	Bertrand and Roig (2007)
Treated Sewage	ESBL isolates of Enterobacteriac eae	Range 6.0E+01- 3.5E+06	100	21	Poland	Korzeniewska and Harnisz (2013)
Activated sludge or biological trickling	Cryptosporidium spp.	1.25E+01	83	24	USA	Kitajima et al. (2014a)
filter	Giardia	1.12E+02	100			(oo)cyst L ⁻¹
	Cyclospora spp.	-	13	1		
Treated Sewage Virus	Human adenovirus	1.29E+04	100	10	Japan	Haramoto et al. (2015)
concentrations reported in	Norovirus Genogroup I	1.82E+03	70			
log ₁₀ gene copies L ⁻¹	Norovirus Genogroup II	5.25E+04	30			

TABLE 23: Comparison studies of influent and effluent at sewage treatment plants

Microorganisms	Mean log ₁₀ gene copies 100 mL ⁻¹	Reference and Comments
	Or comparable prevalence	
Viruses	Norovirus	Kitajima et al. (2014)
	Influent Genogroup (G) I and II ~100% in both Plant A and B	US study of two wastewater treatment plants with influent (n = 12 from each plant) and
	effluent Genogroup (G) I and II, 75% in both A and B,	effluent samples (n = 12 from each plant) collected monthly over a one year period. Plant A
	G IV: 67% Plant A; 25% Plant B	used activated sludge process and Plant B a biological trickling filter tower, and both used
	Enterovirus	chlorination for disinfection. Isolation was by an electronegative filter method and
	Influent 100% Plants A and B;	identification by quantitative PCR for 11 viruses which included rotavirus, adenovirus,
	Effluent 58% (A); 92% (B)	enterovirus, polyomaviruses and the genogroups of norovirus.
	Adenovirus	Norovirus had the highest viral reduction during treatment at both plants (GII log ₁₀
	Influent 100% (A) and 83% (B);	reduction 2.1 at A and 2.9 at B; followed by GIV norovirus, log ₁₀ reduction 1.7 at A and 2.7
	Effluent 58% (A); 92% (B)	at B) compared with all other viruses. Both treatment plants had statistically similar
		reduction rates for all viruses, with the exception of enterovirus which had greater
		reduction at Plant B (bio trickling filter).
E. coli	Influent: 7.18	Shannon et al. (2007)
	Final Effluent: 3.20	Canadian study of five stages of one wastewater treatment plant using real-time qPCR
	Log ₁₀ reduction range: 3.52-3.98	methods. Concentrations measured in log ₁₀ gene copies (GC)/100 mL.
C. perfringens	Influent: 5.85	Listeria monocytogenes (no data given) and Aeromonas hydrophila (4.32 log ₁₀ GC/100 mL)
	Final Effluent: 2.70	were only detected in influent, thereafter, not detected at any stage in treatment process.
	Log ₁₀ reduction range: 3.15-3.39	E. coli O157:H7, Salmonella spp., Staphylococcus aureus, Legionella monocytogenes and
Enterococcus	Influent: 4.66	Helicobacter pylori were not detected in influent or at any stage of treatment
faecalis	Final Effluent: 1.42	
	Log ₁₀ reduction: 3.24	
Pseudomonas	Influent: 4.38;	
aeruginosa	Primary effluent: 2.22. Thereafter, not detected during	
	treatment process or final effluent	

TABLE 23 continued: Comparison studies of influent and effluent at sewage treatment plants

Microorganisms	Mean MPN L ⁻¹	Prevalence	Reference and Comments
Giardia	Influent 1.3E+03 cysts	Influent 100%;	Ottoson et al. (2006)
	Effluent T1: 0.4 cysts	Effluent T1 11%; T2 0%; T3 0%	Swedish study of the inlet wastewater and effluent from an experimental
			treatment plant using one of three treatment (T1, T2, T3) regimes
Cryptosporidium	Influent 5.0E+01 oocysts	Influent 21%;	T1) tertiary filtration,
	Effluent T1: 0.13 oocysts	Effluent T1 6%; T2 0%; T3 0%	T2) membrane bioreactor (MBR)
		T1 and T2 showed 97.4% and	T3) upflow anaerobic sludge blankets (UASB).
		>96.4% removal (resp.)	Protozoan were analysed using immunofluorescence detection and viruses by
Enteroviruses	Influent 1E+04	Influent 78%, n =23	RT-PCR. There was no speciation of protozoa to attribute sources to humans or
	Effluent	Effluent T1 36%; T2 29%; T3 80%	to animals. The PCR method for enterovirus assayed all types of enteroviruses
	T1 and T2 <2.1E+02	T1 and T2 showed 98.0% and	and is therefore an index of enterovirus removal rather than direct risk
	T3: 3.5E+03	98.4% removal whereas T3 showed	evaluator of pathogenic enteroviruses. Removal quantified as a log ₁₀ reduction.
		65% removal of viruses after	Norovirus more frequently detected in winter samples (86%, n =7).
		treatment	
Norovirus	Influent 3.0E+02	Influent 36.4%, n = 22	Mean removal rates for indicators for each treatment regime
	Effluent	Effluent T1 18%; T2 18%; T3 40%	
	T1 and T2 <3.5E+01	T1 and T2 showed 89 % and 93%	<i>E. coli</i> : log ₁₀ removal T1, 3.23; T2, 4.97; T3 1.97
	T3: 3.0E+02	(resp.) removal whereas T3 showed zero removal of viruses	Enterococci: log ₁₀ removal T1,3.17; T2, 4.52; T3 1.75
		after treatment	
			C. perfringens: log ₁₀ removal T1, 2.38; T2, 3.04; T3 0.66
			Somatic coliphages: log ₁₀ removal T1, 2.32; T2, 3.08; T3 0.76
			F-RNA phage: log ₁₀ removal T1, 3.47; T2, 3.78; T3 2.38

4. COMPARISON BETWEEN SOURCES

There are extensive data on microorganisms in livestock, particularly beef cattle and dairy cows, of which we have provided a subset. The data provided in sections 2 and 3, however, does highlight the limited knowledge we have on the presence and levels of microorganisms in many of the other animal sources of interest such as avian species. A full QMRA comparing sources is beyond the scope of this report and is, based on the data available, potentially misleading. However, we have in TABLE 24, presented a comparison of the levels of microorganisms from a range of sources expressed as microorganisms per animal per day. Young livestock (lambs and calves) have the highest daily shedding potential for *Campylobacter* and *Cryptosporidium* and sheep have greater daily shedding of these two pathogens compared with the larger dairy cows, although not in comparison with *Cryptosporidium* shed by beef cattle. In general, avian species have two to three orders of magnitude reduced daily outputs of *E. coli* and *Campylobacter* compared with livestock.

It should be noted that many studies report prevalence and quantitative data at the genus level, for example, *Cryptosporidium*, and then test a limited subset of the isolates for specific pathogens known to be zoonoses, such as *C. parvum*. Therefore, the data for prevalence and concentration of microorganism will include a proportion that are not zoonotic and potentially do not represent a human health risk. Another example is infections of cattle by *Giardia duodenalis*. Most of the *G. duodenalis*belong to the non-zoonotic Assemblage E compared with the human infective Assemblage A (Atwill et al., 2012).

In TABLE 25, the numbers from TABLE 24 have been normalised to represent the concentration of indicators and pathogens that could be associated with 1000 CFU/g *E. coli* identified in the faeces of a particular animal species. There are approximately ten to 200-fold higher *E. coli* levels in livestock, black swans and gulls compared with enterococci. In contrast, Canada geese have tenfold higher enterococci levels compared with *E. coli*. In general, there are 1000-fold lower levels of *Campylobacter* in livestock compared with *E. coli* and even lower levels in most avian species, except for Canada geese, which have approximately 100-fold lower *Campylobacter* than *E. coli*. The potential for faecal pollution from Canada geese to cause illness in humans has been highlighted in a recent review (Gorham and Lee,2015). Levels of *Cryptosporidium* are at least 10⁴ fold less than *E. coli* in livestock, and even less in ducks. *Giardia* are present in very low levels compared with *E. coli* (10⁵ and10⁶ fold less concentration in ducks and livestock, respectively).

The prevalence of indicators and pathogens in mammals and birds is presented in TABLE 26. *E. coli* and enterococci are identified in >93% of the faeces of all livestock, with a lower

overall prevalence in avian species ranging from 63 to 95% for *E. coli* and 79 to 100% for enterococci.

The highest prevalence of *Campylobacter* was seen in lambs at 84% with the next highest in dairy cows, which ranged from 7- 64%. Calves and lambs are born *Campylobacter*-free but are rapidly colonised from the farm environment after birth (Gannon et al., 2002; Stanley and Jones, 2003). In general, calves and lambs are identified as shedding higher concentrations of *Campylobacter* compared with adult animals.

Campylobacter in avian species ranged from 29-52%, except for gulls at 1% prevalence.

Cryptosporidium was identified in 12-100% of cat faeces, however the 100% prevalence was from a smaller study size compared with the lower prevalence (12 and 13%) from a larger study size. The next highest prevalence of *Cryptosporidium* was seen in young livestock with ranges of 0.9-77% in lambs and 10-80% in calves.

Giardia was identified in up to 37% of sheep and lambs, only 5% in calves and 0-26% in beef cattle with no data on dairy cows. Maximum prevalence of Giardia in dogs and cats was 39 and 44%, respectively. Ducks were identified as carriers of Giardia at 28% prevalence, but there were no data on other avian species.

Pathogenic *E. coli* were identified at a maximum prevalence of 83% in dogs and 46% in beef cattle and 21% in dairy cows but at less than 8% prevalence in individual sheep and lambs. *E. coli* O157:H7 has been identified in widely varying concentrations in the faeces of sheep and cattle and tends to be sporadic with levels fluctuating between <100 to 10⁶ CFU/g of faeces (Atwill et al., 2012; Chase-Topping et al., 2007; Matthews et al., 2006). These fluctuations have led to the term "super-shedders" for those livestock that carry >10³-10⁴ CFU/g of *E. coli* O157:H7. In addition, the duration of shedding varies widely, with individual animals shedding for a few days or weeks and others up to six months. It has been estimated that 80% of transmission of *E. coli* O157:H7 is from 20% of the most infectious livestock (Matthews et al., 2006). A study of shiga-toxin producing *E. coli* (STEC) identified that 58.3% of 319 sheep and cattle faeces in New Zealand carried an STEC gene (Cookson et al., 2006b). Another study identified the same genetic isolates of STEC from cattle and human clinical samples using molecular subtyping techniques, illustrating that livestock in NZ can be a reservoir of disease-causing STEC in the human population (Cookson et al., 2006a).

Data for pathogenic *E. coli* in avian species were limited to 8% prevalence in pigeons from one study. *Salmonella* prevalence in all mammals and birds was generally low for both NZ

and international studies, ranging from 0 - 9%, except for dairy cows, which ranged between 10 and 56% prevalence.

Toxoplasma gondii is a protozoan that completes its sexual life cycle phase in the intestinal tract of cats and other felines, resulting in the excretion of oocysts in faeces. Infections by *Toxoplasma* are usually asymptomatic but the immunocompromised can become seriously unwell. Pregnant women are particularly susceptible to toxoplasmosis and infection of the foetus may result in foetal death. *Toxoplasma* was identified in cats in four studies at a prevalence ranging between 0 - 30%. However, three of these studies with samples sizes ranging between 63 and 252 had a prevalence of ≤1%.

In general, viruses in animals are not considered to be zoonotic because it is believed that there are strong barriers to prevent viruses crossing between animal species. A brief search of zoonotic viruses in the literature revealed some concerns about the potential for zoonotic viruses (Cavirani, 2008; Kallio-Kokko et al., 2005). Many of these viruses are not of common concern in the New Zealand environment but have been shown to cause disease in Africa and other continents. The West Nile virus (WNV) is an example of a virus introduced to North America in the late 1990s, which had rapid dissemination via mosquito vectors from various animal hosts. The introduction of WNV led to 14,000 cases of illness and 586 deaths being recorded in the USA up till 2005 (Kallio-Kokko et al., 2005).

There has been a recent research focus on the zoonotic potential of several viruses that cause gastroenteritis illness (GI) in humans such as norovirus and rotavirus and whether the specific viral types found in animal reservoirs including dogs, cattle, pigs and sheep, have the potential to cross the host-species barrier and cause illness in humans (Medici et al., 2015; Widdowson et al., 2005; Wolf et al., 2009). Some studies have highlighted that these viral species with animal reservoirs have caused infection in humans (but not necessarily illness) as evidenced by the detection of antibodies against bovine norovirus in humans (Bank-Wolf et al., 2010; Widdowson et al., 2005).

TABLE 24: Quantitative data on average daily output per animal of indicators and pathogens in mammals and birds

	E. coli	Enterococci	Campylobacter	Cryptosporidium	Giardia
Sheep	2.51E+10	1.02E+09	1.80E+07	9.48E+05	4.21E+03
Lambs	4.53E+11	1.08E+10	2.02E+08	4.61E+06	1.00E+05
Dairy cows	2.01E+09	1.04E+07	6.81E+06	5.95E+04	
Calves				1.50E+10	1.00E+03
Beef cattle		2.66E+06		1.11E+06	6.63E+05
Dogs		3.30E+09			
Cats				2.00E+04	3.50E+03
Black swans	7.50E+08	3.63E+08	3.84E+04		
Ducks	1.17E+10	1.70E+10	5.77E+03	7.90E+03	4.10E+04
Canada geese	3.80E+07	3.99E+08	4.84E+05		
Gulls	7.00E+08	1.65E+08	2.26E+04		

TABLE 25: Levels of indicators and pathogens relative to E. coli concentration normalised to 1000 CFU/g

	E. coli	Enterococci	Campylobacter	Cryptosporidium	Giardia
Sheep	1000	41	0.72	0.038	0.0002
Lambs	1000	24	0.45	0.010	0.0002
Dairy cows	1000	5	3.39	0.030	0.0000
Black swans	1000	484	0.0511		
Ducks	1000	1453	0.0005	0.0007	0.0035
Canada geese	1000	10500	12.7		
Gulls	1000	236	0.0323		

TABLE 26: Comparison of prevalence of indicators and pathogens in animal faeces

	Sheep	Lambs	Dairy	Calves	Beef	Dogs	Cats	Goats	Black	Ducks	Canada	Gulls	Pigeons
			Cows		cattle				Swans		Geese		
E. coli	100%	100%	99.5%	100%					94%	89-95%	63-95%		
Enterococci	100%	100%	93.3%	100%					79%	100%			
Campylobacter	25-30%	81%	7-64%			0-46%	0-33%		45%	29-40%	40-52%	1%	
Cryptosporidium	3-25%	0.9-77%	0.6-7.3%	10-80%	8%	2-10%	12-100%	8-9.5%		49%	1-23%	0%	
Giardia	19%-	1-37%		4.5%	0-26%	2.6-39%	2-44%	20-36%		28%			
	37%												
Pathogenic <i>E.</i>	1-7%	4%	1-21%		1.6-46%	1-83%							8%
coli													
Salmonella	0%	1.9%	9.6-56%		0.3-6%	0-3.6%	0-8.6%			1%	0%		3%
Toxoplasma							0-30%						
gondii													

5. CONCLUSIONS

Epidemiological studies exploring the relationship between infectious illness and the microbial quality of recreational waters impacted by non-human faecal sources have produced ambiguous results. This uncertainty associated with non-human faecal pollution and its impact on human health has raised concern when epidemiological studies tried to assess health impacts based on the knowledge gained from the effects of human faecal contamination. This knowledge gap led to a seminal paper by Jeffrey Soller and colleagues on using quantitative microbial risk assessment (QMRA) to explore the human health risks from recreational water impacted by pollution from either human, gull, chicken, pig or cattle faeces (Soller et al. 2010). The figure reproduced below from that paper shows that in water containing the same level of faecal indicator from each source there is potentially a lower risk of illness when the water is impacted by chicken, gull and pig faecal material, than human faecal matter. In contrast, there are similar risks from illness between faecal contamination derived from cattle (beef and dairy) and that from humans.

Soller et al. (2010) noted that a key limitation in their study was the limited amount of data on the levels of indicator and pathogens in the sources they examined. This USA study (Soller et al., 2010) did not consider all of the sources important in New Zealand such as sheep, domestic pets, and a range of other wildfowl beyond seagulls. As this current report illustrates there are a lack of quality data on the levels of indicator organisms and pathogens in many of the faecal sourcesto New Zealand waters.

In a 2014 paper, Soller et al. extended their initial QMRA work. The starting point was that 35 enterococci /100ml provided an acceptable level of risk, and was based on the source of those enterococci being human faecal matter. The risk of illness was defined as 36 gastrointestinal illnesses (GI) per 1000 swimmers. Using QMRA modelling they estimated the level of enterococci that would provide an equivalent level of protection if those enterococci were from non-human sources. Their analysis suggested that if the enterococci are entirely from chicken, pig or gull sources, the equivalent level of enterococci that would provide the same protection, ranged from threefold to 50 times higher (TABLE 27).

Another key finding from the Soller et al. (2014) study was that where there are mixed sources of contamination identified, then the risk is dependent on the most potent source of faecal contamination. The risk of illness decreased as the contribution from human sources reduced from 100%, so that by 30% human attribution to FIB levels, the predicted risk of infection had lowered by 50% compared with the risk if all detected FIB were derived from human sources. Thereafter, the risk declined more rapidly, so that at ≤20% human

contribution to the mixed faecal source, the predicted risk was five times lower compared with a pure human source. These predictions were based on the faecal source being from recent faecal events and did not account for the differential die-off between FIB and pathogens. This preferential decay of FIB was seen in the treated wastewater data (TABLE 23), which illustrated higher log removal of FIB in comparison to pathogenic protozoa and viruses. The fact that the most potent faecal source (human or cattle, Soller et al. 2010) was the driver of predicted risk is of particular relevance to rural areas where ruminant agricultural sources are detected often in conjunction with avian sources. Therefore, unless the ruminant signal accounts for less than 30% of the mixed contamination, then the health risk is 50 to 100% of the risk associated with a solely ruminant faecal source.

Monitoring the research into the emergence of viral zoonoses in livestock and other animal reservoirs in the New Zealand environment, particularly for the GI causing norovirus and rotavirus species is required for the future.

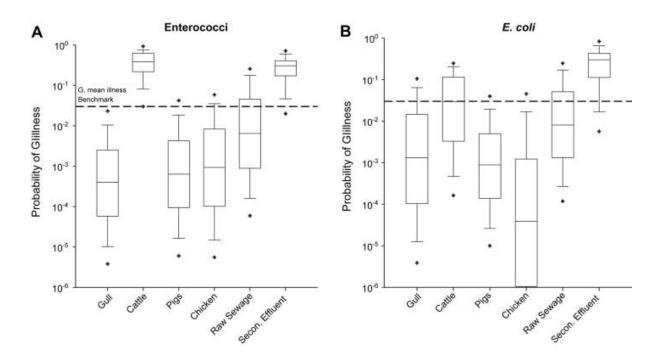


Figure 1. Probability of GI illness from ingestion of water containing fresh faecal pollution at densities of 35 cfu 100mL⁻¹ ENT (3A) and 126 cfu 100mL⁻¹ E. coli from a range of sources. Figure reproduced from Soller et al. (2010).

TABLE 27: Predicted median enterococci densities that correspond to GI illness levels of 0.036, analogous to 36 people out of 1000 becoming ill if they ingest recreational water containing these levels of enterococci (reproduced from Soller et al., 2010)

Human contribution	0%	10%	20%	30%	50%	70%	100%
Non-human contribution	100%	90%	80%	70%	50%	30%	0%
	607	270	161	444	70	50	25
Pig	607	278	164	114	70	50	35
Chicken	103	95	87	79	62	49	35
Gull	1947	339	174	116	70	50	35
*Non-pathogenic	-	350	175	117	70	50	35
source							

^{*}For example, environmental or naturalised enterococci

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